



CHILD TEMPERAMENT KEY

Is Your Child an “E” or an “I”? (Extroversion versus Introversion)

Please check the appropriate choice. **If you have more than one child please check the appropriate choice under the “A” or “B” column for each child on the score sheet that follows.**

1. Is your child normally
☐ A. Outgoing and engaging
☐ B. Reserved and quiet
2. Does your child
☐ A. Approach people and things seemingly without hesitation, head erect
☐ B. Hesitate and hold back when faced with unfamiliar people and things, dropping their head and acting a little shy
3. Does your child
☐ A. Tend to gain energy in the company of other children
☐ B. Tend to become drained after a period and lose energy, stand on the side and take breaks from the energy center, or seek adult company
4. Did your child
☐ A. Develop good social skills quickly
☐ B. Develop good social skills slowly or not yet
5. Does your child
☐ A. Love to be on the phone with strangers and seem animated when on the phone
☐ B. Show shyness and reserve when on the phone to a stranger
6. Does your child
☐ A. Chat naturally with other people, particularly other children, when in line at a grocery store
☐ B. Keep close to you and try not to be seen or spoken to
7. Is your child
☐ A. Rather talkative in the company of others
☐ B. One who tends to listen and talk only after gathering confidence
8. Is your child
☐ A. Easy to approach
☐ B. Difficult to draw out
9. Does your child
☐ A. Respond quickly when asked to do something or when asked a question
☐ B. Respond slowly, as though he or she is musing over the request and as though he or she is trying to figure it out; or as though he or she is stubborn and doesn't want to respond

10. Does your child seem to
_____A. Have no secrets
_____B. Hold part of themselves in reserve, hidden from public view
11. Does your child tend to
_____A. Seek and need the company of others
_____B. Enjoy solitude and play alone happily
12. Does your child attempt making friends
_____A. Easily and openly
_____B. Cautiously and selectively
13. Would your child prefer
_____A. A noisy environment
_____B. A quiet, more subdued environment
14. Does a new environment with new people
_____A. Seem to excite your child
_____B. Seem to stress your child
15. Does a house full of people
_____A. Bring your child out of hiding
_____B. Cause your child to retreat to his or her room
16. For your child, is becoming the focus of attention
_____A. Exciting
_____B. Embarrassing
17. Which pair of words describes your child best?
_____A. Outgoing, approachable
_____B. Reserved, shy

Please transfer your "A" or "B" answers to the score sheet on the next page if you haven't already done so.

Q#	Name		Q#	Name	
	A	B		A	B
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
10			10		
11			11		
12			12		
13			13		
14			14		
15			15		
16			16		
17			17		
Total			Total		

Count the A's and B's. The higher score indicates your child's type. More "As" indicates that your child is an "E" (extrovert); more "Bs" indicates an "I" (introvert).

IS YOUR CHILD AN "S" OR AN "N"? (Sensing versus Intuition)

This is the hardest of the four categories to determine due to the difficulty of relying on observation alone when we are determining internal perception.

At an early age, only the extreme N's can be spotted. If you are doubtful in your responses to the following questions, you may have to wait until age three or four before you can identify with accuracy. Again, if you have more than one child, please write one child's name above each grid on the score sheet and record your answers on the next score sheet that follows.

- Does your child prefer
_____A. Action to stories
_____B. Stories to action
- Does your child prefer
_____A. Down-to-earth, real life stories about things that are familiar
_____B. Imaginative tales full of fanciful characters and larger than life heroes (Fairy tales like: *Jack in the Beanstalk*, *Cinderella*, *Star Wars*, and songs like *Puff the Magic Dragon*)
- Does your child
_____A. Bounce up ready to go to play when the story is over, or even before
_____B. Plead for you to read more or to read it again
- In picture books, does your child
_____A. Prefer the simple, bold, graphic illustration
_____B. Prefer the detailed, rich and colorful pictures

5. Does your child
____A. Seem always to be focused on the real world in their play (their toys, things and people around them)
____B. Daydream often, make up imaginative characters, or weave fanciful stories into their play (making their toys whatever the story wants them to be, and seem hungry for fantasy)
6. Does your child
____A. Seem to be an average child, getting upset and then getting over their upset like you would expect
____B. Remain hurt for long periods and/or hate passionately and seem to be able to hurt skillfully and put his finger on your vulnerable spot (push your buttons)
7. If the toy he is playing with is a truck
____A. Is it always a truck?
____B. Is it sometimes a submarine, an airplane, or a monster (but seldom a truck?)
8. When you break a promise to your child (i.e. "Sorry, we can't go to the zoo as promised"), does he (or she)
____A. Get upset and get over it reasonably quickly
____B. Get deeply hurt and take a long time to get over it
9. Would you say that your child is
____A. Comparatively easy to handle
____B. Difficult to handle
10. Does your child seem
____A. Normal
____B. Strangely different from other children
11. There are two ways to answer this question. Answer the question that is based on **YOUR** temperament.
If you are a very practical, down to earth person (SP or SJ) answer this: Does your child
____A. Seem like you
____B. Bewilder you; and do you find yourself often getting angry with your child out of frustration

If you are an NT or an NF, answer this: Does your child
____A. Seem NOT to be like you
____B. Seem like you
12. Has your child had any strange premonitions or the like?
____A. No
____B. Yes
13. Would your child be likely to have an imaginary friend?
____A. No
____B. Yes
14. What does your child focus on most?
____A. Today and its excitements
____B. Tomorrow and its possibilities
15. Does your child's mind
____A. Function as a database
____B. Bubble with ideas

16. Do you see your child growing up to be comfortable in
 _____A. The world of facts and figures, the real world
 _____B. The world of imagination, ideas and books

17. Which pair of words describes your child best?
 _____A. Organized, realistic
 _____B. Insightful, imaginative

Please transfer your “A” or “B” answers to the score sheet if you haven’t already done so.

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Count the A's and B's. The higher score indicates your child's type. More As indicates your child is an S; more Bs identifies your child as an N.

IS YOUR CHILD A “T” OR AN “F”? (Thinking versus Feeling)

This one should not be too hard now that you have the routine down.

- Does your child
 _____A. Always want a reason, always ask “why,” and never seem happy with “because I said so” (obviously an extra curious type)
 _____B. Express normal curiosity, not ask why continuously, accept most things at face value
- Does your child seem
 _____A. Impervious to getting his feelings hurt
 _____B. To get his feelings hurt very easily

3. Does your child
_____A. Give the impression that he or she doesn't favor being touched and appreciates it less than you expect
_____B. Loves being touched
4. Is your child
_____A. Reserved about sitting close to you and touching you, does your child seem as though he or she doesn't need closeness and touching?
_____B. One who cuddles easily and always wants to touch you?
5. Would you say your child
_____A. Has difficulty with showing affection to others
_____B. Is the real affectionate type
6. Does your child normally
_____A. Show little expressiveness and feeling
_____B. Show frequent expressiveness with his emotions
7. Would you say your child
_____A. Seems to live just for himself
_____B. Wants to please adults and shows a strong concern to please them
8. Has it been
_____A. A long time since your child performed a little service for you and showed that he was looking for your approval and appreciation
_____B. Only a short while since your child performed one of these little services, frequently touching your heart
9. Is your child
_____A. A cool and even-tempered child (more of a cerebral child)
_____B. An emotionally warm-hearted, friendly child (more about the heart than the head)
10. Is your child
_____A. More firm than gentle
_____B. More gentle than firm
11. Does your child seem
_____A. Unaffected by sad endings to stories
_____B. To obviously prefer happy endings
12. Unless angered, is your child
_____A. Straight forward, even blunt, in representing the truth
_____B. Careful not to hurt the feelings of others
13. Do you think your child would
_____A. Enjoy debate and argument
_____B. Prefer to be a peacemaker
14. Which pair of words best describes your child
_____A. Strong-minded, winning
_____B. Kind, forgiving
15. Which would please your child most
_____A. Being praised for excelling over others
_____B. Being praised for being kind

16. Which might touch your child most

_____A. Reason

_____B. Emotion

17. Would your child be more likely to

_____A. Praise the winner

_____B. Comfort the loser

Please transfer your “A” or “B” answers to the score sheet if you haven’t already done so.

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Count the A's and B's. The higher score indicates your child's type. More As indicate an T; more Bs define an F.

IS YOUR CHILD a “J” or a “P”? (Likes things decided or likes to keep things open)

This is the last set of questions to round out your child’s personality profile.

1. Does your child

_____A. Tend to be ready for school on time and get worried about being late

_____B. Appear indifferent about being late and mostly shows little concern

2. Are your child’s closets and drawers

_____A. Comparatively neat and orderly (for a child)

_____B. Better described as a “rat’s nest” (Does he show signs of not understanding why mother is upset about it?)

3. Does your child

_____A. Show signs of wanting his life settled and in order, preferring routines; in fact gets disturbed when routines are changed

_____B. Show little concern about changes to routines and seems to let things just happen in any way; chafes at routines, and is rather happy-go-lucky

4. Does your child
____A. Like decisions made quickly, can't stand to be in limbo
____B. Prefer to procrastinate and keep all options open, putting decisions off
5. Does your child tend to
____A. Run the activities of other children
____B. Accept what everyone is doing, or plays as he or she pleases in a group of children
6. Is your child
____A. Always making "for sure" statements as though he or she knows everything for sure (exaggerates)
____B. Seldom a user of an exaggerated degree of certainty in their speech
7. Does your child show
____A. Respect for rules and regulations
____B. An indifference to the established rules unless he made them himself
8. Does your child show
____A. A contentedness to be like other children
____B. That he wants to be different in some unusual way
9. Does your child
____A. Wake up, get dressed, usually without being reminded to dress
____B. Need to be reminded constantly to get up and get dressed
10. Does your child wake up and
____A. Want to know what is happening that day
____B. Show little concern and is happy to let things happen as they unfold
11. Would you describe your child's style of living as
____A. More hurried
____B. More leisurely
12. Would you describe your child's style of living as
____A. More deliberate
____B. More spontaneous
13. Would you say your child is more
____A. Meticulous and particular about things
____B. Free-wheeling and casual about things
14. Is your child more
____A. Directed
____B. Changeable
15. Does your child
____A. Want to get things done, want to come to closure
____B. Want to keep things open-ended; seem not to be in a hurry
16. When your child cleans up his or her own room
____A. Is your child neat about it
____B. Does he or she show little care for organization
17. Does your child tend to
____A. Safely store all treasured items
____B. Get distracted easily and not complete the task

Please transfer your “A” or “B” answers to the score sheet if you haven’t already done so.

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Total			Total		

Count the A's and B's. The higher score indicates your child's type. More As indicate a J; more Bs define a P.

Now write the four letters that received the highest score on the four blanks beside each child's name below (Example: Lynda - ESTP). This is that child's personality type (one type of a possible 16).

Name: _____ : _____

Name: _____ : _____

Name: _____ : _____

Name: _____ : _____

NEXT, do you have in your four letters for each child an S and a P, an S and a J, an N and a T, or an N and an F? Write the two letters below that occur in the four-letter combinations for each child. This is the child's temperament. Your child will be one of four temperaments: an SP, an SJ, an NT, or an NF.

Name: _____ : _____

Name: _____ : _____

Name: _____ : _____

Name: _____ : _____

Remember: when assessing a child's type or temperament, we must remain somewhat tentative – not that the child's temperament will change – but because the child can't provide us with feedback to our questions about the internalization of his or her thoughts and feelings. However, you can proceed with confidence since inaccurate assessments are rather rare.